Birds Eye Boil In The Bag Fish Cooking Instructions

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My favorite of the bunch is round eye, which is what I've used today — this cut is broth, soy sauce, fish sauce, chopped carrots, and the charred onions and ginger. Drop in the rice noodles and cook according to package instructions. Place in a bowl and microwave, top with garnishes before serving. 

Birds Eye®, the lozenge devices, and Forever Food Together® are trademarks. These instructions are guidelines only. Do not refreeze after defrosting. Microwave: From Frozen. To retain more vitamins, microwave straight from the freezer. If cooking more than one bag, make sure that they are not overlapping and shake.

Tyson® Grilled & Ready® Chicken Breast Fillets and Birds Eye Steamfresh® Protein Blends. Place Birds Eye Steamfresh® Protein Blends in the microwave and heat set in the microwave and heat according to package directions, set aside.

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